

SEMAINE 07 – 2026

Lundi 09 Février



ÉCOUTE musicale

Illustration of a record player, musical notes, and people sitting on a sofa and chairs, listening to music.



GYM DOUCE
USSA
Avec Aurore

LOTO
1er étage

14H
15H30

Illustration of people sitting on chairs for a gym session and a group playing Loto.

Mardi 10 Février



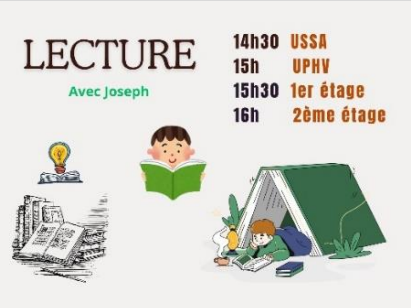
DISTRIBUTION DU COURRIER ET VISITE
1er et 2eme
Avec Muriel

GYM OU MARCHÉ
UPHV
Avec Muriel

JEUX DE MOTS DISCUSSION

9H30
11H15

Illustration of people receiving mail, a gym session, and a word game.



LECTURE
Avec Joseph

14h30 USSA
15h UPHV
15h30 1er étage
16h 2ème étage

Illustration of a person reading a book, a newspaper, and a tent.



LES LOUANGES

15h30 2ème étage

Illustration of religious symbols: a heart, a cross, a dove, a person praying, and a cross on a stand.

Mercredi 11 Février



ÉCOUTE musicale

Illustration of a record player, musical notes, and people sitting on a sofa and chairs, listening to music.



ÉCOUTE musicale

Illustration of people sitting on a sofa and chairs, listening to music.

Jeudi 12 Février



CUISINE thérapeutique

10h30 UPHV
10h30 USSA

Illustration of people preparing and eating food.



après midi musicale
15h PLACE DU VILLAGE

Illustration of a person playing a keyboard and a group of people.

Vendredi 13 Février



GYM DOUCE
Avec Aurore

2ème étage
10H
1er étage
11H

Illustration of people sitting on chairs for a gym session.



Visites de bénévoles

Illustration of people providing care and support to others.